



## LEGACY MIDDLE SCHOOL PHYSICAL EDUCATION POLICIES AND PROCEDURES

### MISSION STATEMENT

The mission of the physical education staff is to offer a program of instruction in lifetime physical activities and health education components that relate directly to the well-being of our students.

### ITEMS NEEDED

Students are required to wear appropriate athletic attire including any color athletic shorts, t-shirt, tennis shoes, and socks. Joggers/tights/compression pants, low-cut/sleeveless shirts, slides, sandals and/or boots are not allowed. Optional uniforms (shirt and shorts) are available through schoolpay.com for \$20 per set or individually for \$10 each.

### POLICIES

1. Lockers with locks are provided and will be assigned to every student.
2. All school issued laptops are required to be locked up in their own locker.
3. It is the student's responsibility to secure all their personal belongings.
4. Clear plastic water bottles and sunscreen are recommended. Water is the only beverage accepted during P.E. Gum, candy, food, and drinks (except water) are not permitted in the locker rooms, the gym or in class.
5. For student safety, no jewelry should be worn during P. E. class. We recommend students to bring in a small container or Ziploc bags for loose items. Cell phones, and other electronic devices are not permitted in class unless requested by the PE teacher.
6. Students are given 5 minutes to change clothes at the beginning of class and 5 minutes at the end of class to change back into their school clothes.
7. A note from home for non-participation will allow a student to refrain from participation for a maximum of three days; specific dates must be stated in the note for illness or minor injury. On all notes, please list a phone number where a parent could be reached for verification. If more than 3 days non-participation is necessary, a doctor's note is required as per OCPS policies.
8. Non-participating students (excused or unexcused) will not receive the daily points, but will be given the opportunity to make them up with alternate assignments. One alternate assignment must be completed for each day missed. Students have a choice of completing an article summary or physical activity assignment per each day missed, or doing a book review and taking the AR test for 5 days missed (AR test points earned can also be used for the AR requirement in Language Arts).



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### GRADING

Physical Education is meant to be an enjoyable experience for all involved, and requires the participation of each and every student. Wellness grades will be calculated based on the following four categories:

**Dressing-Out - 10 points daily:** Students must wear athletic shorts and t-shirt with athletic shoes. All clothing must meet the OCPS dress code requirements.

**Participation- 10 points daily:** Students must have on appropriate athletic attire to participate.

**Skills Tests: up to 10 points weekly**

**Written Work:** points vary by assignments.

Grades can be viewed anytime through Skyward. The state grading scale is used:

A = 90% - 100%

B = 80% - 89%

C = 70% - 79%

D = 60% - 69%

F = Below 60%

### P.E. Department Contact Information

Please feel free to contact us at any time.

Coach Casey

[casey.ermitus@ocps.net](mailto:casey.ermitus@ocps.net)

(407) 658-5330 ext. 5142308

Coach Jacoby

[jerrod.jacoby@ocps.net](mailto:jerrod.jacoby@ocps.net)

(407) 658-5330 ext. 5142306

Coach Palacio

[zoila.palacio@ocps.net](mailto:zoila.palacio@ocps.net)

(407) 658-5330 ext. 5142307

**(Parents please retain this syllabus  
for your reference)**