WELLNESS MISSED CLASS ALTERNATIVE MAKE UP ASSIGNMENT
ARTICLE REVIEW

Please choose an article based on a FITNESS or HEALTH related topic (Examples: cancer, workout routine, nutrition, etc.). Write about something you always wanted to know. (PLEASE DO NOT WRITE ABOUT SPORTS). You have the same amount of days you missed to work on it. For example, if you miss Monday and Tuesday, you have Wednesday and Thursday to work on it and it is due on Friday. One make up assignment for EACH day missed.

Week_____

Name:_____ Name of your Wellness Coach:_____
Date you read the article:_____ Date you missed class:_____ Wellness period:_____
Title of the article:_____
Publisher or Source AND Author:_____

Please use the back of this paper if you need more room to write

Main topic(s) and summary of the article:

I learned (what you take away from this article) AND WHY is it/is it not important? (No points given if you do not state why)

I think (your opinion or reflection on this article You must use an adjective to describe the article such as good, bad, interesting, informative, etc.) AND WHY? (No points given if you do not state why)

By signing below, I am indicating that I read the article, and the information on this page is accurate.

Student Signature_____
Did you do this work in PASS?_____ PASS Coordinator Signature_____